

Explorer Ski Week

Programme | important information

Programme:

- 1 day skiing technique on and off the piste
- approx. 2 days of ski touring away from (but close to) the piste, short ascents with skins are possible
- approx. 2 days, ski ascents with skins, easy to less difficult ski tours with ascents of 2-3 hours
- 1 training day focussing on avalanche prevention
- 2 input presentations in the evening approx. 1 hour each (1 x focus on orientation in the terrain | beautiful pictures and films, 1 x theory avalanche prevention)

Adaptation of the programme depending on the weather and snow situation

Equipment:

- Ski equipment for off-piste skiing with running bindings for the ascent including skins and crampons
- helmet
- Thermos bottle / small snack each day
- Please bring your own safety equipment (avalanche transceiver, avalanche shovel and probe), if available. Otherwise, this can also be rented free of charge from the ski school.
- Optional: Avalanche airbag